BREAD & WINE

News from

HOLY COMMUNION LUTHERAN CHURCH

NOVEMBER 2014

Holy Communion Lutheran Church
P. O. Box 55, 621 Old Fallston Road
Fallston, Maryland 21047-0055
443-299-6134 - office
holycommunionlc@comcast.net
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Pastor John K. Burk
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"HOW YA DOIN'"

Everyone greets on another with an inquiry like *"How are you"* or *"How are You Doing"* As a church, we are a collective body and I thought I would give you a snapshot of how we are doing as a people of Christ.

Synod and the ELCA monitor the life of each of our congregations using statistics. Behind this article I have enclosed some statistics which give a snapshot of our last ten year as a faith community.

In 2005 we had a membership of 321 people and our average worship attendance was 102. In 2014, we had grown to 414 members and have an average worship attendance of 140 folks. This does not count the children who come to Sunday School. In an age where most ELCA congregations are losing members, I would say we are doing really well.

The other measure of growth and health is giving. In 2004, we gave $181,317 including $4,200 in Mission Support to the ELCA. In 2013, our giving was $249,159 with $23,442 going to Mission Support (formerly called Benevolence). Our overall giving increased by almost $68,000, but our most outstanding growth was in our support of mission to the larger ELCA. We increased giving to the Synod and ELCA by $17,242. I feel very good about our increased giving. It now represents almost 10% of or contributions.

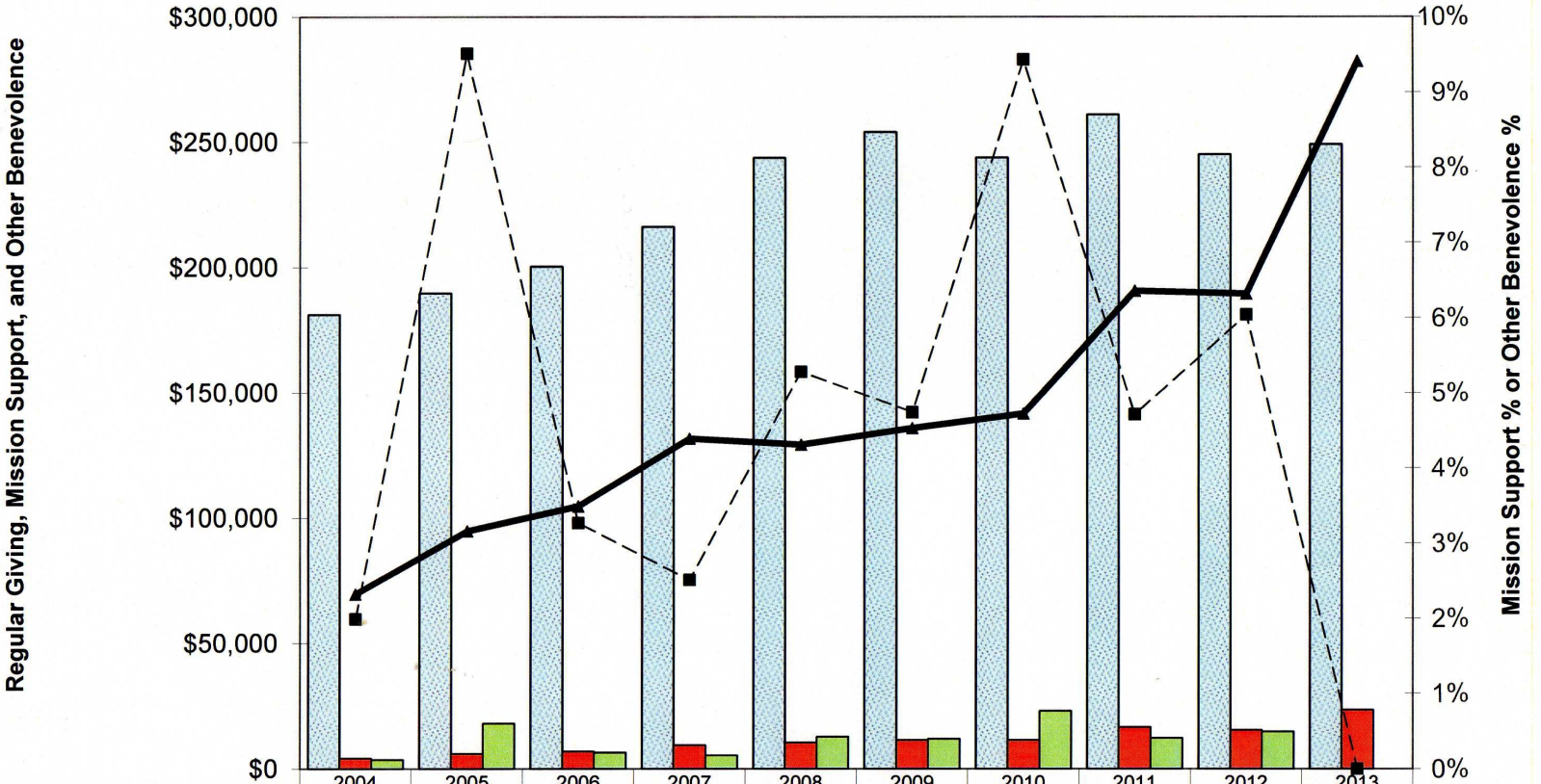
The Delaware/Maryland Synod's stewardship campaign this year is called *"God Has Given Us So Much".* Stewardship is a "churchy" word for "response". How do we as grateful, thankful people respond to God's generosity to us? So often we live under the delusion that what we have is from our own doing. On the surface that is true, but if we look underneath our productivity we see that God has given us the body, mind, strength, intelligence, faith, and creativity to do all this. God expects us to share our grace and good fortune and to take care of the earth so that future generations can enjoy all this bounty.

Debbie and I recently went to Utah to see some of our great national parks. They are absolutely amazing and stunning. At the "Arches" in Moab, Utah, we saw rock formations that were 300,000,000 years old. Yes, three hundred million years old. It was like staring into the face of eternity. Everyone was quiet, conversations were hushed. All present realized how limited we are and how great is the God who stands behind all this.

May you be generous, as God is lavish toward you.

In Christ's Love, -Pastor John

Regular Giving, Mission Support, Other Benevolence*, Mission Support % and Other Benevolence % of Regular Giving for 07678 Holy Communion - Fallston, MD



	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	% Change
Regular Giving	$181,317	$189,838	$200,486	$216,264	$243,758	$254,108	$243,867	$261,118	$245,126	$249,159	37.4%
Mission Support	$4,200	$6,004	$7,000	$9,502	$10,500	$11,500	$11,500	$16,612	$15,504	$23,442	458.1%
Other Benevolence	$3,616	$18,059	$6,557	$5,418	$12,878	$12,043	$23,003	$12,298	$14,802	$0	-100.0%
Mission Support %	2.3%	3.2%	3.5%	4.4%	4.3%	4.5%	4.7%	6.4%	6.3%	9.4%	305.6%
Other Benev %	2.0%	9.5%	3.3%	2.5%	5.3%	4.7%	9.4%	4.7%	6.0%	0.0%	-100.0%

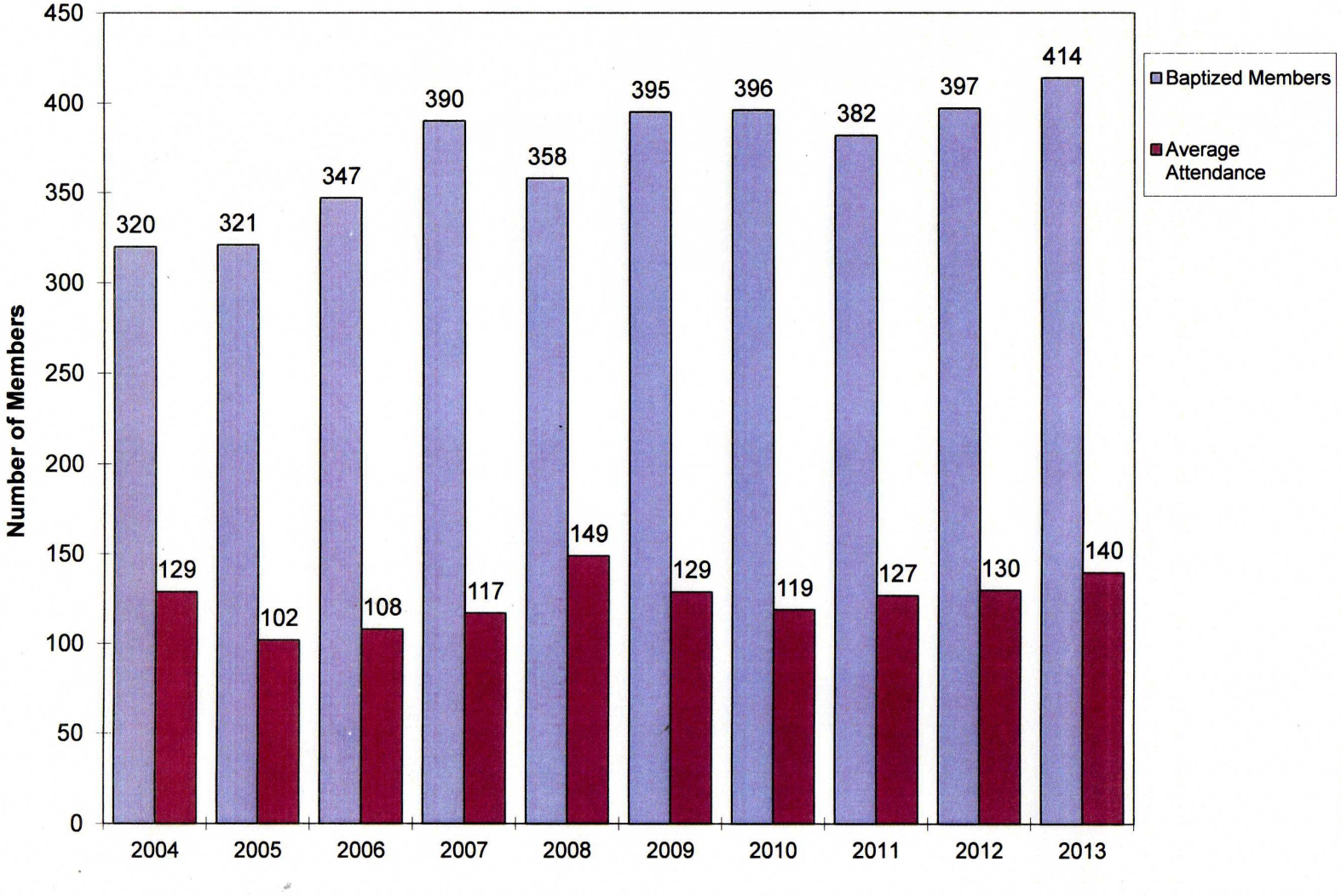
*Other Benevolence includes all ELCA and non-ELCA benevolence, excluding mission support.

Source: Annual Congregational Report Forms. Prepared by ELCA Research and Evaluation.

8/28/2014

Baptized Membership and Average Worship Attendance for

07678 Holy Communion - Fallston, MD



Source: Annual Congregational Reports. Prepared by ELCA Research and Evaluation.

8/28/2014

Your offering at work

When you give to your congregation, a percentage of that money is shared with your synod and with the ELCA churchwide organization. The portion of your offering that is shared with the wider church is called Mission Support. As members of the ELCA, we are freed in Christ to love and serve our neighbor, open to the Holy Spirit's invitation to be active in the world. Through sharing your time, talents and financial resources, you are actively participating in God's work throughout the U.S. and around the world.

1

Your weekly offering at your congregation supports the mission and ministry of the whole ELCA – doing God's work throughout the world.

2

Your congregation shares a portion of your offering – called Mission Support – with your synod and the ELCA churchwide organization.

3

Your synod supports congregations and rostered leaders as they work in their communities and throughout the world.

4

Your churchwide organization responds to local and worldwide ministry opportunities. Together we do God's work in ways that no individual, congregation or synod can do alone.

"Mission Support is one of the primary ways that we are church together. I know that when my money flows from my congregation to the synod and ELCA churchwide organization, it will be used where it is needed most – bringing vital resources to those in need, equipping leaders with solid biblical and theological education and so much more. Mission Support allows my offering to travel around the world to the places where the need is greatest."

– **Grace Duddy**
Center for Stewardship
Luther Seminary

Your support of God's mission and ministry through the ELCA churchwide organization

COORDINATION AND SUPPORT OF MINISTRIES

- Facilitating communication and support to ministries across the church
- Managing relationships and activities between synods and churchwide organization
- Supporting ministries at the local, national and global level

SUPPORTING CONGREGATIONS AND EVANGELICAL OUTREACH

- Starting new congregations and worshiping communities
- Renewing the ministries of existing congregations each year
- Nurturing faith communities to grow and proclaim the good news of God's grace

BRINGING FORTH AND SUPPORTING LEADERS

- Expanding youth and young adult ministries
- Preparing, recruiting and supporting church leaders, educational and teaching networks
- Supporting retired church leaders and enabling ministry in the church and throughout the world

GLOBAL AND ECUMENICAL RELATIONSHIPS

- Assisting global companion churches in building their capacity for mission and ministry in over 90 countries
- Developing and cultivating inter-Lutheran, full communion relationships and relating to other communities of faith
- Partnering with churches around the world, including being a member of The Lutheran World Federation

STEWARDSHIP AND MISSION FUNDING

- Thanking, informing, teaching, inspiring and inviting people to be good stewards
- Interpreting the mission and ministry of the ELCA and its budget
- Developing financial resources to fund God's work

STEPPING FORWARD AS A CHURCH SERVING OTHERS

- Caring for God's creation and humanity through study and deliberation on current issues
- Developing and supporting leaders who engage economic and social issues
- Serving in response to God's love through social ministry organizations

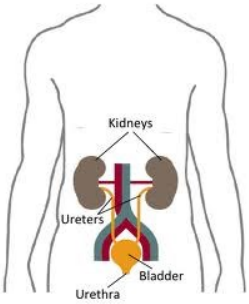
GOVERNANCE

- Making decisions together through governance procedures including the ELCA Church Council, ELCA Churchwide Assembly and Conference of Bishops

PARISH NURSE

YOUR URINARY SYSTEM

A healthy human produces 1-2 quarts of urine each day. The body uses nutrients from food and fluid for body functions and energy. These processes generate waste products; the urinary system is responsible for some of the waste elimination along with lungs, skin and intestines. The urinary system is also responsible for regulating the balance of electrolytes (potassium, sodium, calcium).



Kidneys: a small bean shaped organ located in the back of the abdomen just below the rib cage. Kidneys remove urea, filter waste and produce urine.

Ureters: (2) 8- 10 inch tubes that carry urine from the kidneys to the bladder. The muscles in the ureters continuously tighten and relax forcing urine downward to the bladder.

Bladder: a sac like muscular organ that stores urine prior to urination. A healthy bladder can hold up to 10oz of urine for 2 to 5 hours.

Urethra: a tube that carries urine from the bladder to the exterior of the body. In a female the urethra is 2 inches long and in a male 8-10 inches long. The flow of urine is controlled by a sphincter at the opening. When the sphincter is relaxed urine may flow from the body.

Problems with the urinary system may occur as individuals' age or from illness. Individuals may have problems with incontinence (leaking urine), a change in kidney function due to chronic illness (diabetes), or an increase in the number of bladder infections.

Common urinary problems:

- Benign prostatic hypertrophy
- Urinary tract infections
- Kidney stones
- Proteinuria
- Prostatitis
- Kidney failure

To keep your urinary system healthy drink plenty of water (8-8oz), limit salt and caffeine intake, and increase fluids when exercising or outside in the heat.

For more information www.innerbody.com, www.webmd.com

With blessings for continued health,-Barb Huber RN FCHN

SUNDAY SCHOOL NEWS

We have had a great start to the year. I can't believe it is November already. The children are having a lot of fun and learning a lot. I would like to say Thank You to Carrie Dorsey and Melissa Bowling for helping out this month substituting when a few of our teachers had to be out. It is great to have volunteers to help and keep the lessons going. If you are interested in helping, please let me know.

Please remember every 4th Sunday is Sunday School Sunday in which the children stay with their parents during the service. The children have been doing a great job performing their songs, helping as greeters, ushers, and lectors. They will not be performing a song in December due to the upcoming Christmas play. More details about that can be found in the Sunday bulletin as we get closer. If you have any questions about the Sunday School program please contact Theresa Perkins at theresaperkins3@gmail.com.

Sunday School Coordinator -Theresa Perkins,

LOVIN' LIFE SENIORS

Our goal is to "Reach Out and Share Christ's Love" through service projects in the community while offering friendship and support to each other through social events. ***Please join us! Invite your friends!*** Our 2014 schedule and sign up sheets for upcoming events are posted on the Senior's Bulletin Board in the hallway.

Please read the Sunday Bulletins *and the monthly* ***Bread & Wine*** *newsletter for any changes to the schedule below.* All activities take place on the 2nd Tuesday of the month unless otherwise noted.

SCHEDULE FOR 2014 - 2015 - FOLLOWING EVENTS

Friday, November 14, 12 noon
Prost German Restaurant - Port Deposit, Carpool from church @11am

Tuesday, December 9, 12 noon, Union Hotel, Port Deposit

2015 CALENDAR

Tuesday, January 13 - Basta Pasta

Tuesday, February 10 - Mamies

Tuesday, March 10 - Pappas (Cranbrook)

Tuesday, April 14 - Conrad's (Perry Hall)

Thursday, May 14 - Mount Harmon Plantation--Lunch at Baker's

Tuesday, June 9 - Augsburg Village

Tuesday, July 14 - Tidewater Inn (Havre de Grace)

Tuesday, August 11 - Friendly Farm

Tuesday, September 8 - Crab Feast (Church)

Tuesday, October 13 - Show

Tuesday, November 10 -

Tuesday. December 8 - Ballistone for Christmas

We are always looking for new ideas and new members. If interested contact Nancy Campbell (410-836-7688); Frances Gosnell (410-893-4622); Jeanette Hastings (410-893-7590); Pat Kellermann (410-679-4624; Ellen Priebe (410-679-8655)

THANK YOU NOTE

To My Church Family,

My sincere thanks to Pastor John, Vicar Chas, and my extended church family for supporting Ken and me since my diagnosis with breast cancer in May. The prayers, cards, visits, phone calls, and offers to help with transportation have been very much appreciated and helped me through this difficult time in my life. Continue to keep me in your prayers as I continue to recover from my radiation treatments.

May God continue to bless you and give you His peace.

-Luann Horn

HELPING THE ANIMALS

Four times a year we set aside a Sunday to collect old sheets, towels, small blankets, rugs and wet and dry cat food (no dog food) for the animals in the Fallston Animal Rescue Shelter. The shelter is located at *Crossroads Station, 2725 Fallston Road, Fallston, MD,* 410-557-6161, FallstonRescue@aol.com

On *Sunday, December 7* we will be collecting your donations. There will be a box for your old rags, rugs, towels, etc and a plastic shaped container for your donations located in the Narthex.

Up coming dates are *March 1, 2015, June 7, 2015, September 5, 2015, December 6, 2015.*

Thank you for all the help you give to the sheltered animals.

-Fallston Animal Rescue Movement.

DONATION OF GLASSES AND PHONES

EYE GLASSES - There is a box for them on top of the coat rack. The glasses are refurbished and are given to the less fortunate who cannot afford glasses.

CELL PHONES - There is a box for them on top of the coat rack. They go to Men and Women in our Armed Services.

BIRTHDAYS IN NOVEMBER

11-01 – Jeanette Hastings
11-02 - Cory Flohr
11-02 – Gail Amrein
11-03 – Madison Tacka
11-03 – Anna Eyler
11-03 - Timothy Gray
11-06 - Tyler Dix
11-06 – Alice Oberender
11-09 - Carl Henderson, Jr
11-14 – Carol Jenkins
11-17 – Sandy Fleming
11-17 – Chris Sulin
11-17 - Anna Seitl
11-17 – Cody Donahue
11-18 – David Snyder
11-19 - Hillary Griffin
11-20 - Pastor John Burk
11-20 - Nancy Collins
11-20 – Arthur Romain

11-21 - Elyssa Hoffmann
11-21 - Arlene Weber
11-21 - Amber Deems
11-21 – Blessing Gobah
11-23 – Diane Pfeifer
11-24 – Charlie Rudolph
11-24 – Jenn Snyder
11-25 - Thelma Maisenholder
11-25 – Nancy Murray
11-26 – Susan Dulaney
11-27 - Jeanette Swank-Gray
11-28 - Molly Lynch
11-29 - Tina Salvo
11-30 - Kelly Clavell

CHECK THE BULLETIN BOARD

Always check the bulletin board in the hall for various events that are being held at other churches and surrounding businesses. There is committee information, bulletin sponsors and newsletter sign up sheets along with general information about HCLC.

AUXILIARY SCHEDULE OF EVENTS/MEETINGS

BAZAAR **CHRISTMAS BAZAAR** - ***Saturday, November 8,*** 10am - 2pm, St. Michael Lutheran Church, Perry Hall, Contact: Mary Frederick (443-834-3013

MEETINGS - ***Thursday, Nov 6***, 11am in the Village Dining Room
Thursday, December 4, 11:30am - 3pm in the Village Dinning Rood. Following meeting a Tree Trimming and Cookie Party in the Care Center.

D E A D L I N E S

SUNDAY BULLETIN announcements are due in the office by Tuesday afternoon by 2 o'clock

MONTHLY NEWSLETTER articles are due in the office by the 2nd Sunday of the month.

BECOME A SPONSOR

H O W T O B E A S P O N S O R for

BULLETINS, NEWSLETTERS AND CHILDREN'S BULLETINS

SIGN UP SHEETS are on the BULLETIN BOARD in the hall.

Bulletins are $10

Newsletters are $40

and

Children's Bulletins are $10

All checks or money can be placed in the offering plate.

Make sure you put on your check or with your money what you are sponsoring and what week or month or want to sponsor.

Any questions or concerns, always feel free to call the office

443-299-6134
OFFICE HOURS are Tuesdays and Thursdays

HOLY COMMUNION
LUTHERAN CHURCH

Pastor John Burk

Parish Assistant – Vicar Chasity Wiener

Administrative Assistant - 'C'athy Stemmer

Organist/Choir Director - Joan Cole (traditional)

Contemporary Music Director - Mason Boeren

Financial Secretary - Donna Campbell (Financial Secretary)

Church Registrar - Nancy Campbell (Registrar)

Council Member - Bruce Amrein

Council Member - Mason Boeren

Council Member - Carl Henderson (Secretary)

Council Member - Fred Hildebrandt (Treasurer)

Council Member -Doug Hiob

Council Member - Mary Kruelle

Council Member - Bill O'Connor

Council Member - Penny Sadler-Vocke (Vice-President)

Council Member - Daisy Shook

Council Member - Dave Warren (President)

Council Member - Jim Williams

Assistant to Treasurer - Carolyn Ruth

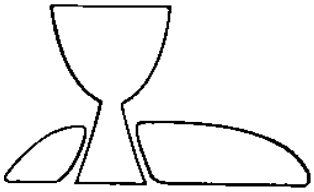
Altar Flowers - Lilli Rode

Bulletin Sponsors - Call office - 443-299-6134

Bread & Wine **Newsletter - Call office - 443-299-6134**

ARTICLES ARE DUE ON THE <u>SECOND SUNDAY OF THE MONTH</u>

Office Hours - 9am - 4pm every Tuesday and Thursday



NEWSLETTER from
HOLY COMMUNION LUTHERAN CHURCH
NOVEMBER 2014

"REACHING OUT TO SHARE CHRIST'S LOVE"
Holy Communion Lutheran Church
Is a growing community
of faith that exists to provide
the Fallston Community with
a variety of opportunities
for special development in:
WORSHIP
REACHING OUT
LEARNING
WITNESS

Come and be part of our Christian worship!

Bread & Wine **newsletters sponsors for 2014**

Jan - no sponsor	Jul - Larry & Lynne Strausser
Feb - Hilary Fall	Aug - None needed
Mar - Jeff & Elaine McClean	Sep - Art & Diane Romain
April - Bob & Susan Hood	Oct - Myers Family
May - Eckels Family	Nov - Fred/Arlene Hildebrandt
Jun - Nancy Campbell	Dec - Evelyn Schmidt

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Upcoming monthly newsletter deadlines are due on the 2nd Sunday of the month

Sun, Nov 9	Sun, Apr 12
Sun, Dec 14	Sun, May 10
Sun, Jan 11	Sun, Jun 14
Sun, Feb 8	Sun, Jul12
Sun, Mar 8	Sun, Aug 9

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Sign up to receive the synod e-letter.
Go to demdsynod.org and follow the links to the e-letter.
You learn about free concerts, trips, activities and job possibilities.

Worship Services
8:30am - Traditional Service
10:15am - Contemporary Service
10:15am - Sunday School

"REACHING OUT TO SHARE CHRIST'S LOVE!"