



Doing the things of God together

by: The Rev. Richard Keisling

Every Sunday the people of God here at Holy Communion Church gather to hear the Word of God, and the celebration of the Holy Supper of our Lord. Now that the month of September is coming more things are going to be happening.

It's not that these are "new" things – although there might be some – but once again the regular "routine" of the congregation begins. Bible classes, Confirmation classes, Sunday School, and the list goes on and on. If we have been doing it regularly here at Holy Communion, we probably will be doing it again.

All these programs and activities are meant to enrich our fellowship together as the people of God, or are meant to inform, strengthen, and enrich our experiences. These activities are helpful only if the people of God take advantage of them. Just coming to church on Sunday morning is not enough. We are asked and sent by God's Holy Spirit to touch the lives of the poor, the needy, those who are ill or sick, to comfort those who mourn, or to encourage one another as we seek to do the good and gracious will of God.

Because of these ongoing programs and classes, all other people in the world can be enriched by what we do and what we participate in. If you've ever wondered "Why don't we do...?" you'll find that there is something Holy Communion Church can do to help in our community, in our nations, and even to the ends of the earth.

All it takes is a little—or even maybe a lot of - encouragement, instruction, sharing and laughing. But, most of all giving thanks and praise to God for touching our lives with the generous grace and peace which only God can give. So come on, find out what's happening and participate.

Here we go again! Let's do it together.

Hearing the Word of God

by Pastor Bob Ridenour

Most of us know very little about the Bible. Though we say we honor the Holy Scriptures, we really do not. What are we to do?

Each Sunday we hear three or four selections from the bible, and we say, "The word of the Lord.". Is the Bible God's word? What do we mean when we say it?

In the Bible, the noun "word" is from the Greek word "logos". For the Biblical writers—and for us—"logos" can also mean "God in Christ". The gospel of John says "In the beginning was the word and the word was Christ" (or in some translations, "The word was God"). Christ is "the Living Word" and "the Bread of Life." This word brings us life and hope.

We come to know the word in several ways, but primarily we come to know it through the words of scripture. To know the Christ is to know the word, but to know it we must first hear it. The words about the Logos are read aloud so that we can hear it, and so begin to know it. That is why it is, and has been for centuries, read aloud in worship.

To know the Word (the Christ) we will need to hear it all, and not just parts. This is the reason we read three or four selections each week. We want to hear as much as possible—after all, it is the "Bread of life".

The Gospel proclaims the, "the Word of God is Christ". The words of the Bible bear witness to the Holy Word (the Christ) who loves and saves and empowers us all, and who gives us new and abundant life.. May we all listen faithfully for the word of God.

Life Groups: The Dinner Edition

Beginning this fall, we would like to introduce “*Life Groups: the Dinner Edition!*” These are smaller groups which meet in someone's home to enjoy good food, great fellowship, and engage in Faith Five (for more information about “Faith Five,” visit <http://www.faith5.org/> . It is great for all ages (families with young children are most welcomed and hey—if you participate you won't have to cook that night!). It's also a good way to get to know other folks in our community in a cozier setting, while also creating holy time to grow in faith! If you're interested in hosting a *Life Group: the Dinner Edition* this fall, please email Pastor Chas (she will host the first few meetings during the summer to equip you for your own hosting). Hope you see you there!

Choir Resumes

Choir rehearsals will resume Thursday September 6th, at 7:30pm. If you have any questions please see Joan Cole. Hope to see you there!

Bishop Gohl

We are excited to welcome **Bishop Bill Gohl** to Holy Communion Sunday, September 9! He will worship with us during both our 8:30 and 10:15 services. Please help us show him what a warm and welcoming place HCLC is!



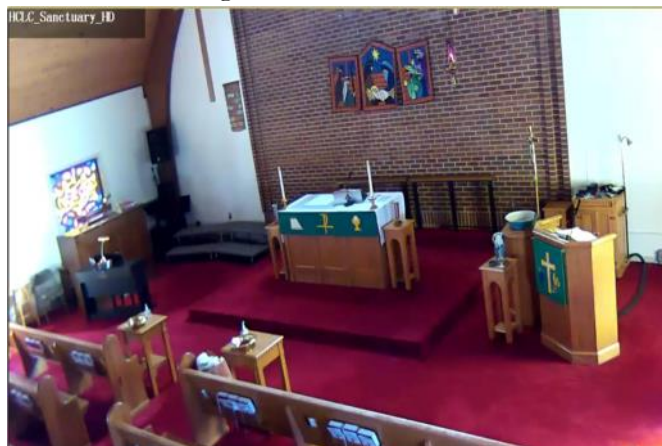
Traveling? Not Feeling Well? Can't Come to Church? Holy Communion Comes to YOU!

People get sick. People travel. We understand that and try to find new ways that you can still remain connected with our community. While you are away, join any service by watching our webcam at webcam.HolyCommunionFallston.org

This is an innovative way to connect the gifts of technology to practical faith. However, this gift of technology comes with its own limitations, in that, this webcam can never fully create the sense of community that one is part by actually being in the pews. The webcam is on for all services and only shows the front portion of the sanctuary. The webcam works on most devices (smartphones, tablets, PCs, iPhones®, and iPads®). It does not work on Amazon Kindle Fire® tablets.

Let us know if you are watching our services.

Please send comments or issues relating to the broadcast to webcam@HolyCommunionFallston.org



Cerebral Vascular Accident (CVA) Stroke

by: Barb Huber

Each year more than 795,000 individuals suffer a stroke and 140,000 die. Cerebral vascular accident or stroke is a disease of the arteries that supply the brain with blood and oxygen. It is the fifth leading cause of death in United States. A stroke occurs when one of the blood vessels to the brain has a clot or blockage (ischemic stroke). A stroke also occurs when the blood vessel ruptures (hemorrhagic stroke). The patient deficits and limitations depend on which part of the brain was lacking blood and oxygen.

Risk factors for stroke include hypertension, diabetes, obesity, tobacco, high cholesterol, coronary artery disease, peripheral artery disease and sedentary lifestyle. An individual's age (>55), race (African American) and sex (women) may increase risk.

Strokes may be prevented by monitoring and controlling blood pressure and cholesterol, maintaining a healthy blood sugar, eating a healthy diet rich in vegetables, fruits, fish and lean meats, maintain a healthy weight, avoid tobacco, and stay active with regular exercise.

If you or someone you know is suspected of having a stroke fast medical treatment is imperative. The medical team will treat a patient with a clot by busting the clot to restore blood flow or stop the bleeding in a patient with a ruptured blood vessel to improve blood flow.

Be aware of the following changes in someone who does not look or feel well.

F face drooping
A arm weakness
S speech difficulty
T time to call 911

Remember rapid recognition and treatment will improve patient outcomes.
Call 911 right away.

With blessings for continued health, Barb Huber RN, FCHN, CERN



Member Spotlight

by Margaret Frieman

What brought you to HCLC?

"My husband, David and I, were looking for a church where the congregation was friendly, caring, and accepting of all, and HCLC fit all those criteria."

What do you see as your gifts to serve God, God's people, and the church?

"I am a teacher, so I like to work with children. I like to be involved with people and become active in showing my faith by doing things for others."

Favorite ice cream flavor?

"Okay, call me weird, but I don't like ice cream. But, give me a bag of Utz potato chips and I am a happy camper!"



What is something people may be surprised to know about you?

"I am really shy and I still have to work hard to interact in new situations"

What bible verse is meaningful to you?

"Psalms 23 is one of the first parts of the Bible I memorized in first grade Sunday School, and it is my "go to" psalm in stressful times in my life. Repeating it calms me down and lets me focus."

How do you serve at HCLC?

"I am in choir, a member of the Finance Committee, and I teach at VBS. I am also a lector, a member of the prayer chain, and on the cleaning crew."

Sunday School News

by: Carrie Dorsey

Welcome back! As usual, summer was here and gone before most of us had a chance to take a breath. I hope that everyone had a little time to slow down and appreciate the wonders God has given us. "Bendable Jesus" traveled with our family to the majestic rocky coast of Maine, the warm sandy beaches of Assateague Island, and to visit the Chincoteague ponies. The stark differences along the east coast highlight the power of God and the diversity of his creation.

As we return to school and settle into our routines, I hope to see many returning faces, as well as many new faces, in Sunday School. Don't forget to register on VBS Pro using the link on the HCLC webpage.



The first day is September 16th; but, please join us for a Potluck Lunch on Sunday September 9th following the second service! Fried chicken, drinks, moon bounce and everything needed to paint a Kindness Rock are being provided by the Sunday School and the Youth Ministry Teams. After the Kindness Rocks are painted, they will be placed around the county. The mission of these Kindness Rocks is simply to make someone smile and spread joy! What a simple way to brighten the world!

For questions or to volunteer please e-mail me at SundaySchool@HolyCommunionFallston.org

Blessing of the Backpack/Workbag

Blessing of the Backpacks will be held Sunday September 2nd! We are sending students, educators and school staff back to school with our prayerful support! Please join us September 2nd during both services with your backpacks or workbags for a special blessing!



Sunday School Kick-Off Rally

Invite your friends and family to join us for an amazing Sunday School year! We will have a **Kick-off Rally** on Sunday September 9th after 2nd service, which will be complete with a moon bounce! The first week of curriculum will begin on September 16th. If you have any questions or would like to volunteer your time as a teacher or help in any other way please let Carrie Dorsey know. The more help the lighter the load and the greater the gift to the children!

Upcoming Youth Dates:

September 2nd—Blessing of the Backpacks/Workbags
September 9th—Sunday school Kick-Off Rally
September 16th—Sunday School Resumes



WHO'S READY FOR
SUNDAY SCHOOL?



Youth News

by Bridget Strama, Youth Leader

Kindness Ninjas

I am so pleased to write about the Kind Kids Club, a.k.a Kindness Ninjas. We at Holy Communion are blessed to be able to roll this existing club into our Youth Groups. Kind Kids was founded in 2016 by a mother and her daughter who wanted to make the world a kinder place. In just a couple of years, they were able to make differences in the lives of so many people. Among the places Kind Kids visited are the Ronald McDonald house, several area nursing homes and VA centers, and the Defenders of Animal Rights. They made cards for children in the hospital and Meals on Wheels recipients. They participated in Autism Awareness days and even volunteered to assist at the Pathfinders for Autism 5K. The mission was to spread kindness to others everywhere without expecting thanks.

My acceptance of the position as Youth Leader here at Holy Communion coincided with the closing of Kind Kids Club by the mother/daughter duo founders as they moved to other challenges in their lives. It seemed such a nice fit with our Mission Statement: We are called by God to reach out and share the love of Christ, that I asked if we could take it over and roll it into Youth Group. This means that some Kind Kids members may come to Youth Group activities and we can increase our reach in this way. If you have any questions or comments about Kind Kids or Youth Group, please don't hesitate to email me at youth@holychurchfallston.org



Photo from a previous Kind Kids Club activity, where they created flower arrangements for hospitalized children.

Parents Night Out

Parents Night Out will be held on Friday, September 28th from 6:00-8:30pm. Parents may drop off potty trained children ages 3-10 for a Bible message, games and crafts. Pizza and snacks will be provided. Please register your child (ren) at

<https://vbspro.events/p/events/75f78b>



Think Tank

The Think tank will gather for their next meeting on Thursday, September 27th from 7-8 pm at the church. Come out and help brain storm and plan for our upcoming youth and family events.



Calling all Youth from 3rd grade through high school!

On September 18th all youth (Illumin8 and Emergence) are invited to a Kind Kids activity! We will be making dog and cat toys for donation to our FARM box, as well as to the Harford County Humane Society. We hope to see you there, ready to spread some kindness to our four legged friends!



Lovin' Life Seniors

by Nancy Campbell

LOVIN' LIFE SENIORS

Our goal is to offer friendship and support to one another through social events. Please join us! Invite your friends! Our 2018 schedule and sign-up sheets for upcoming events are posted on the senior's bulletin board in the hallway. Please read the Sunday bulletins and Bread and Wine for any changes to the schedule below. All activities take place on 2nd Tuesdays of the month unless otherwise noted.

2018 CALENDAR

Tuesday, September 11 at noon

Crab Feast at church. Cost to be determined and announced. No charge if you will not be eating crabs. See Sunday bulletins or bulletin board for more information.

Tuesday, October 2 at noon

Wargo's Restaurant—Jarrettsville, Rte. 23

Tuesday, November 13 at noon

Silver Spring Mining Restaurant-Bel Air, Rte. 1

Tuesday, December 11 at noon

Union Hotel—Port Deposit or Manor Tavern--
Monkton

We welcome new ideas as well as new members. If interested contact: Nancy Campbell 410-836-7688; Frances Gosnell 410-893-4622; Jeanette Hastings 410-893-7590; Pat Kellermann 410-679-4624; Ellen Priebe 410-679-8655.

"Good Grief" Group

The Good Grief group will be meet on the third Tuesday of the month at 6:00pm. Their next meeting will be **September 18th** at the church.



September Birthdays



9/01—Larry Brant
9/01—Gordon Lefkowitz
9/02—Mae Corbin
9/04—Julia Dominick
9/06—Claire Beck
9/06—Bryan Shipp
9/07—Erin Hoffmann
9/07—Zalia Plott-Edwards
9/09—Zulma Brant
9/11—Elaine McClean
9/12—Shannon Dominick
9/12—Charles Miller
9/13—Nancy Willis
9/14—Jim Williams
9/15—Lucille Allgeier
9/15—Tracey Bagwell
9/15—Joan Giordano
9/15—William Price
9/16—Bob Hood
9/16—Evelyn Schmidt
9/18—Melissa Bowling
9/18—Joan Cole

9/20—Dave Hickson
9/21—Heather Henderson
9/22—Jackie Henderson
9/23—Geri Price
9/24—Makenzie Schneider
9/25—Frances Gosnell
9/25—Caroline Schissler
9/25—Joan Simmons
9/26—Jeff McClean
9/26—Jason Schneider
9/27—Louise Anderson
9/29—Ron Peterson
9/29—Kim Shaffer
9/29—Amanda Snyder
9/30—Jean LaRosa



Do you have an **September** birthday but do not see your name printed here? That means we do not have your complete information on file. Please contact Hailea in the church office to update your information.

Bible Study

Bible study will resume on September 18th at 7:00pm. Please plan to join us!



Holy Communion Lutheran Church

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